Massage Treatment Specifications & Body Map - Template

Treatment Specifications

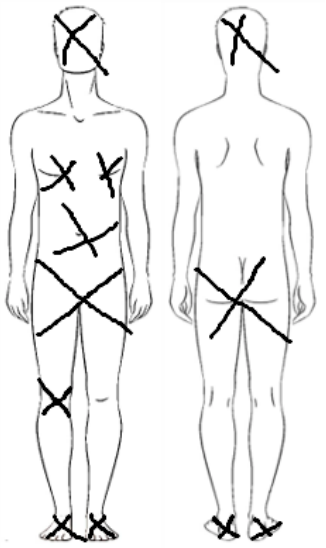
To ensure a safe, comfortable, and professional massage treatments, guests should be clearly informed about the nature and scope of any massage treatment before it begins. This includes explaining the purpose of the treatment, the body areas that may be massaged, the techniques that will be used, and any areas that will not be touched.

In addition, guests should always be offered the option to choose between a male or female massage therapist wherever operationally possible. Personal preferences may be influenced by cultural, religious, personal, or comfort-related considerations. Respecting these preferences demonstrates a commitment to guest wellbeing, dignity, and inclusivity, while helping to create a positive and relaxing environment.

Body Map - Template

To prevent misunderstanding or miscommunication during massage treatments a simple body map could be used. On this body map the guest would be able to indicate locations on the body where they wish to not to be touched.

Example



On the following page you will find a body map template.

Areas to Avoid

Please indicate the regions you do not wish to be treated

